

## Assessment for CFS Allied Health's Skin Conditions of the Lower Extremities

- 1) This skin infection can be caused by either Staph or Stept and is found primarily among young children. It is a contagious rash that forms blisters. It causes extreme itching.
  - A) Cellulitis
  - B) Pyogenic Granuloma
  - C) Impetigo
  - D) Verruca Plantaris
  
- 2) Another name for Plantar Warts is:
  - A) Cellulitis
  - B) Pyogenic Granuloma
  - C) Impetigo
  - D) Verruca Plantaris
  
- 3) \_\_\_\_\_ is often associated with chronic ingrown toe nails. It appears as red, circular lesions on the toes.
  - A) Cellulitis
  - B) Pyogenic Granuloma
  - C) Impetigo
  - D) Verruca Plantaris
  
- 4) \_\_\_\_\_ is a viral infection that causes wart-like bumps. It is caused by the Pox virus.
  - A) Cellulitis
  - B) Molluscum Contagiosum
  - C) Tinea Pedis
  - D) Onychomycosis
  
- 5) \_\_\_\_\_ is an infection that affects the nails. Usually caused by the dermatophyte fungus.
  - A) Cellulitis
  - B) Molluscum Contagiosum
  - C) Tinea Pedis
  - D) Onychomycosis
  
- 6) \_\_\_\_\_ is the most common dermatologic problem to affect the human foot. Commonly known as Athlete's Feet.
  - A) Tinea Pedis
  - B) Molluscum Contagiosum
  - C) Onychomycosis
  - D) Impetigo

7) \_\_\_\_\_ is the most common form of dermatitis. Common in children, it is believed to be caused by a combination of genetic and environmental factors.

- A) Tinea Pedis
- B) Molluscum Contagiosum
- C) Atopic Dermatitis
- D) Contact Dermatitis

8) \_\_\_\_\_ is a recurrent skin reaction that occurs on the bottom of the feet. It is associated with hyperhidrosis and stress. It begins as clear to pink blisters that later become scaly.

- A) Lichen Planus
- B) Psoriasis
- C) Dyshidrotic Eczema
- D) Contact Dermatitis

9) \_\_\_\_\_ is a superficial or deep inflammation of the veins of the legs. It usually develops following surgery or trauma. The extremity becomes red, hot and swollen, and is often painful to touch.

- A) Contact Dermatitis
- B) Arteriosclerosis Obliterans
- C) Stasis Dermatitis
- D) Thrombophlebitis

10) Other than being unsightly, these can become enlarged and lead to venous aneurisms that can rupture and bleed profusely.

- A) Varicose Veins
- B) Venous Ulceration
- C) Raynaud's Disease
- D) Cellulitis

11) All four types of \_\_\_\_\_ are caused by inadequate blood flow which leads to necrosis.

- A) Varicose Veins
- B) Cellulitis
- C) Thrombophlebitis
- D) Gangrene

12) Normally asymptomatic, these are usually found on the dorsum of the foot and are caused by a herniation of the tendon sheath.

- A) Varicose Veins
- B) Fibroma
- C) Ganglion Cyst
- D) Hemangioma

13) \_\_\_\_\_ are well defined, bright red to purple, dome shaped lesions found on the feet and toes. They are normally benign.

- A) Hemangioma
- B) Fibroma
- C) Epidermal Inclusion Cyst
- D) Nevi

14) A bite from the \_\_\_\_\_ can lead to severe tissue death and loss. It should receive immediate medical attention to limit the spread of necrosis.

- A) Tarantula
- B) Brown Recluse
- C) Black Widow
- D) Fire Ant

15) A/An \_\_\_\_\_ is a superficial injury involving the “wearing away” of tissue through friction.

- A) Gangrene
- B) Bruise
- C) Decubitus Ulcer
- D) Abrasion

16) \_\_\_\_\_ are specialized hyperkeratosis that forms on the ball of the foot under the metatarsal heads.

- A) Heloma Durum
- B) Tylomas
- C) Heloma Molle
- D) Fibromas

17) A/An \_\_\_\_\_ is an injury to the nail bed tissue leading to bleeding occurring under the nail plate.

- A) Fibroma
- B) Bursa
- C) Keratosis
- D) Subungual Hematoma

18) \_\_\_\_\_ is one of the most dangerous neoplasms that can occur on the lower legs and feet. It can metastasize and become fatal.

- A) Malignant Melanoma
- B) Heloma Molle
- C) Tyloma
- D) Gangrene

19) The most common malignant cutaneous melanoma. Usually found in areas of the skin exposed to sunlight.

- A) Malignant Melanoma
- B) Squamous Cell Carcinoma
- C) Basal Cell Carcinoma
- D) Verrucous Carcinoma

20) Normally asymptomatic, these appear as fat herniations around the heels upon weight bearing.

- A) Piezogenic Papules
- B) Nevi
- C) Ganglion Cyst
- D) Fibroma